



## Turkey BBQ 5K Color Run/Walk

Come on out and join us at the Turkey BBQ 5K Fun Run/Walk! The route will take you through the West side of Ulen and end on the football field where you will be able to see your time on the Titan Football Scoreboard! Each participant will receive a white race T-shirt which is covered by the cost of participation. Remember, this is a color run so bring swim goggles or glasses or something to protect your eyes when the powder gets thrown!

**WHAT:** 5k (3.1mi) Color Fun Run or Walk to start off Turkey BBQ Weekend

**WHEN:** August 17th, T-shirt Pick-up starts @ 6:00 PM, Run starts @ 7:00 PM

**WHERE:** Ulen-Hitterdal Football Field- Full route at bottom of this page

**WHY:** NCE-UH Track and Field Fundraiser and It's good for you!

**HOW:** Pick up registration packet at Ulen-Hitterdal School or Norman County East School or go to <https://sites.google.com/ulenhitterdal.k12.mn.us/turkeybbq5kcolorrunwalk/home> and

print off registration packet

**Send packets to:**

**Ulen-Hitterdal School  
Ryan Pahl  
27 2nd Street N  
Ulen, MN 56585**

PO Box 389

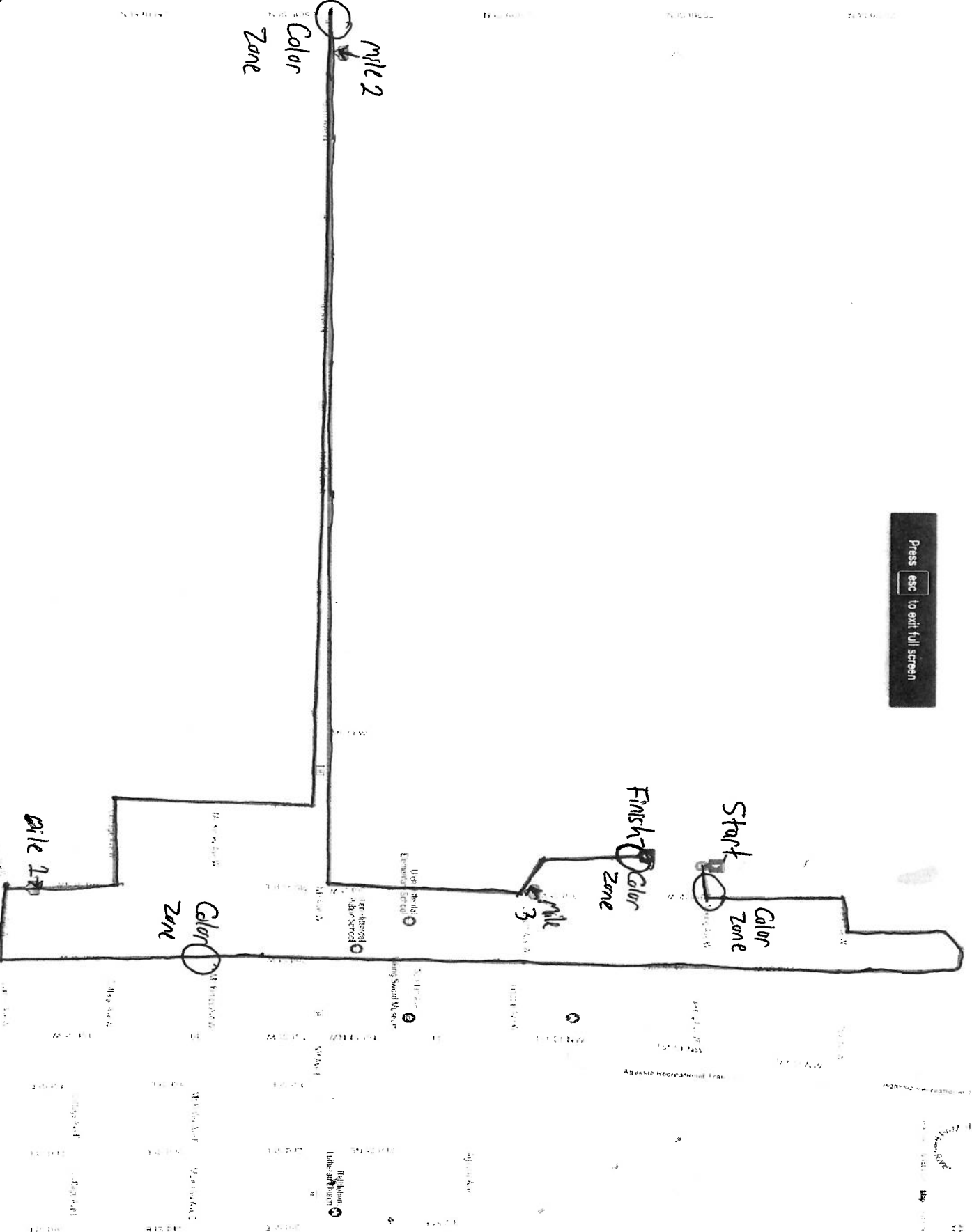
OR

**Drop off at Ulen-Hitterdal School for Ryan Pahl**



# Race Course Map

Go to



# 5K Registration Page

Turn in this page by August 9th along with registration money to guarantee your T-shirts and to get signed up!  
(1 per family)

	Name(s) of Participant(s)	Age	T-Shirt Size
1.	_____	_____	_____
2.	_____	_____	_____
3.	_____	_____	_____
4.	_____	_____	_____
5.	_____	_____	_____
6.	_____	_____	_____
7.	_____	_____	_____
8.	_____	_____	_____

### Prices:

Adult (18+): \$20

Children (under 18): \$15

Family: \$65

# of Adults \_\_\_\_\_ x **\$20 each** = \_\_\_\_\_

# of Children \_\_\_\_\_ x **\$15 each** = \_\_\_\_\_

Family Rate \_\_\_\_\_ x **\$65** = \_\_\_\_\_

**Total Price =** \_\_\_\_\_

### Participant(s) Information

(for updates of race information, rescheduling, postponement, etc)

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Email: \_\_\_\_\_

Please read and sign the race waiver form on the back of this page. If this is not signed, you will not be allowed to participate. ALL PARTICIPANTS FROM ABOVE MUST SIGN THE WAIVER